

CERTIFICATE OF PARTICIPATION

This is to certify that

Lisa Contardo

Has successfully participated & completed the
8km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:31:53

PACE 11:28/km
OVERALL 100 of 166

GENDER 41 of 88
40 - 49 5 of 18

23 June 2019, Sun

Date



BoutTime

Signature

